



The Joys of Dance

Biodanza, an international movement system



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Invest in Yourself. Say 'Yes' to health, joy and well-being



IBF
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Biodanza Days 2017

Each of these Sundays, runs from 10:15am to 4:15pm. Please arrive by 10 am or earlier for Ullacombe Barn sessions to pay for your chosen lunch in the farm café (Sunday is their busiest day) and I have promised pre-orders of food to help their day run smoothly.

I need food orders by Thursday, if you wish to order something from the special board please phone Ullacombe in the week to check what will be on board – please do not change your order on the day – it causes stress for the café staff.

Early Bird Price for Day workshops are still very reasonable at £25 (BACS/cheque/cash) or £27 PayPal . Please book more than a week in advance. Full Price cost will be £35/37 for a week or less before.

Please book early to avoid disappointment. Maximum places 25.

2017 all at Ullacombe Farm Barn, Bovey Tracey

12th February

12th March

2nd April

7th May

18th June

9th July

15th Oct

19th Nov

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